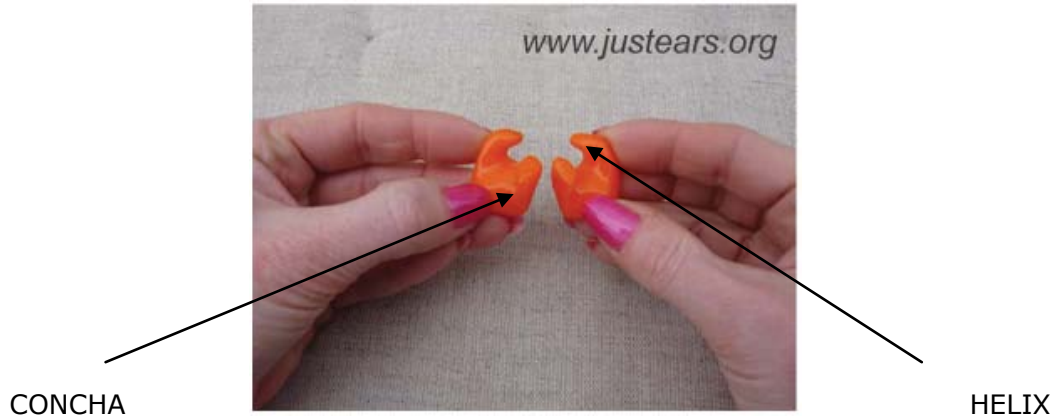


## EAR MOULD INSTRUCTIONS

On receipt of your new Ear Defence Moulds you will need to remove them from the plastic bag and allow them to air for 24 hours.

The right ear should be marked by a small dot either in red or white depending on the colour of the moulds you have ordered. (If your moulds do not have a mark, continue with the instructions below.)

Place the moulds in your hands as indicated below with the helix (curved pointed tip) to the index fingers. Your thumbs should be just covering the bulge known as the concha area in the ear and in the picture below.



Using your right hand, take the mould and guide it into the right ear as indicated below.



Once you have lined up the ear mould in the right ear push in with your fingers until correctly positioned, as indicated below.



=



**CORRECTLY POSITIONED** ✓

BELOW IS AN EXAMPLE OF **NOT BEING CORRECTLY POSITIONED**, please go over the steps above.



(It may be that you need to use both hands to gently guide the ear mould into place).

**INCORRECTLY POSITIONED X**

It is very important to position the ear moulds correctly to get a good seal to avoid leakage of sound and comfort in the ear.

Repeat the instructions for the left ear.

If this is the first time you are wearing any form of ear protection and you experience discomfort it is advisable to put a little Vaseline in the outer ear where the mould is to be placed. However should you have continued discomfort please contact us by email at [justears@email.com](mailto:justears@email.com)

## **CLEANING**

To clean, wipe over with a moist cloth. If you have ear moulds with **no filters**, you may immerse them in mild soapy water and rinse off. Please do not use strong detergents.

However, if you have ear moulds with filters, please ensure you place your fingers over the filters to avoid getting any water in them.

Any problems please contact us.

Thank you for your custom.

**JUST EARS UK**